

Sefirat Ha Omer

Count the Omer nightly, after dark. The night's count (including Sefirot & word of Ana B'Koach) lasts throughout the next day. On Saturday night, April 16 (after Havdalah and the second seder), we count One ~ so all of Sunday is Chesed / Ana ~ after Sunday night's count it's Gevurah / B'Koach etc. The 7th day is always an unpronouncable acronym formed from the first letters of that week's verse of Ana B'Koach.

Start counting after the 2nd Seder, Shabbat, April 16.	1 Day Sunday Chesed	2 Days Monday Gevurah	3 Days Tuesday Tiferet	4 Days Wednesday Netzach	5 Days Thursday Hod	6 Days Friday Yesod	7 Days Shabbat Malchut
Chesed	Ana 4/17/22 At night, count 2	B'Koach 4/18/22 At night, count 3	Gedulat 4/19/22 At night, count 4	Y'mincha 4/20/22 At night, count 5	Tatir 4/21/22 At night, count 6	Tz'rura 4/22/22 At night, count 7	אבנית 4/23/22 At night, count 8
Gevurah One Week	Qabel 4/24/22 At night, count 9	Rinat 4/25/22 At night, count 10	Amecha 4/26/22 At night, count 11	Sagveinu 4/27/22 At night, count 12	Taherenu 4/28/22 At night, count 13	Nora 4/29/22 At night, count 14	קראסתו 4/30/22 At night, count 15
Tiferet Two Weeks	Na Rosh Chodesh 5/1/22 At night, count 16	Gibor 5/2/22 At night, count 17	Dorshe 5/3/22 At night, count 18	Yichudcha 5/4/22 At night, count 19	K'vavat 5/5/22 At night, count 20	Shamrem 5/6/22 At night, count 21	נגדיכש 5/7/22 At night, count 22
Netzach Three Weeks	Barchem 5/8/22 At night, count 23	Taharem 5/9/22 At night, count 24	Rachamem 5/10/22 At night, count 25	Tzidkatcha 5/11/22 At night, count 26	Tamid 5/12/22 At night, count 27	Gamlem 5/13/22 At night, count 28	בטרצתג 5/14/22 At night, count 29
Hod Four Weeks	Chasin 5/15/22 At night, count 30	Kadosh 5/16/22 At night, count 31	B'rove 5/17/22 At night, count 32	Tuvecha 5/18/22 At night, count 33	Nahel 5/19/22 L'ag b'Omer At night, count 34	Adatecha 5/20/22 At night, count 35	חקבטנע 5/21/22 At night, count 36
Yesod Five Weeks	Yachid 5/22/22 At night, count 37	Gayeh 5/23/22 At night, count 38	L'amecha 5/24/22 At night, count 39	P'nei 5/25/22 At night, count 40	Zochrei 5/26/22 At night, count 41	K'dushatecha 5/27/22 At night, count 42	יגלפזק 5/28/22 At night, count 43
Malchut Six Weeks	Shavatenu 5/29/22 At night, count 44	Qabel 5/30/22 At night, count 45	Ushma 5/31/22 At night, count 46	Tza'akatenu 6/1/22 At night, count 47	Yodea 6/2/22 At night, count 48	Ta'alumot 6/3/22 At night, count 49	שקוצית 6/4/22 Eve of Shavuot